

REVIEWS



BOOKS

DEFRAUDING AMERICA A Pattern of Related Scandals by Rodney Stich

Published by Diablo Western Press,
PO Box 5, Alamo, CA 94507, USA
ISBN 0 932438 07 5

Price: AUD\$44.00 (550 pp, pbk)

Available: Sydney Esoteric Bookshop.

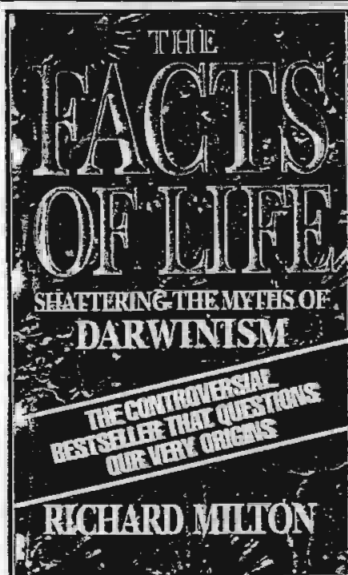
This is a thoroughly researched and comprehensive book. It covers every scandal of the US Government and its agencies over the last several decades.

Topics of interest include government-organised drug running with a mention of our own Nugan-Hand fiasco, the Kennedy assassination (of course), Iran-Contra, Inslaw, BCCI, October Surprise and more. (For those unfamiliar with the above, this is your best chance to learn about them yet).

Rodney Stich has been a government and private investigator for the past thirty years, holding federal authority to determine violations of Federal Law.

According to the author, many of the 'whistleblowers' who contributed to the contents of this book have since been silenced or killed.

Although maybe not of interest to the average Aussie (or Kiwi), I still highly recommend this book as an all-time classic in its field.



THE FACTS OF LIFE Shattering The Myths Of Darwinism by Richard Milton

Published by Corgi Books, UK

ISBN 0 552 14121 6

Price: AUD\$12.95 (334 pp, pbk)

Distributed by Transworld Publishers,
40 Yeo Street, Neutral Bay NSW 2089.

I loved this book! As the title suggests, it totally shatters the theory of evolution. Never have I seen such a body of wide-ranging scientific evidence presented with such a balanced perspective. By this I also mean that the author does not automatically assume that the biblical theory of creation

is the only alternative; in fact he draws no real conclusions as to our origins at all.

If you are a believer in the theory of evolution, you had better take a look at the evidence for and against it.

This book draws upon a huge range of sciences including geology, biology, archaeology, palaeontology, etc., and is excellently referenced and indexed.

Richard Milton has a twenty-year background in newspaper editorship and journalism, writing on science and technology.

Absolutely recommended reading!

DIPLOMACY BY DECEPTION by Dr John Coleman

Published by Joseph Publishing Co.,
2533 North Carson Street, Carson City,
Nevada 89706, USA
ISBN 0 9634019 1 2

Price: AUD\$40.00 (266 pp, pbk)

Available: Sydney Esoteric Bookshop.

This is yet another remarkable and hard-hitting book by the author of *The Committee of 300*. Drawing upon his experience in MI6 and subsequent contacts, the author reveals the hidden agendas of the United Nations, the Gulf War, Panama, Yugoslavia and Israel.

The book is interspersed with short, factual and easy-to-understand summaries of events leading up to topics being discussed. One point that was mentioned in passing was how the Rockefellers literally 'bought' the leftovers of the Nazi SS, equipment and



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all, and created Interpol—which in effect has become a Rockefeller asset since its inception.

I was also particularly fascinated—and chilled—by the information from the Tavistock Institute's Operation Research.

This book is particularly relevant to the last decade or two in terms of conspiracies at the international level.

Not surprisingly, I recommend this book as yet another 'must read'.

MONTAUK REVISITED

Adventures in Synchronicity

by **Preston B. Nichols and Peter Moon**

Published by Sky Books, Box 769,
Westbury, New York 11590, USA
ISBN 0 9631889 1 7

Price: AUD\$40.00 (250 pp, pbk)

Available: Sydney Esoteric Bookshop.

Wow—another mind-blowing book! This is basically a follow-up book to *The Montauk Project - Experiments in Time*, by the same authors. We did a summary of the contents of this book in NEXUS vol. 2, no. 5, but for those who came in late, the book(s) deal with things like The Philadelphia Experiment, Time Travel, Alien Contacts, Mind Control, L. Ron Hubbard, Aleister Crowley, Secret Government Experiments, Underground Tunnels, Psychic Warfare, and more Time Travel.

If you read their first book, you absolutely must get this one. It contains yet further information relating to the weird events that centre around Montauk on Long Island in the USA.

A word of warning however: this book will not make much sense unless you have read their first book—otherwise it is another classic in its field.

AWAKENING THE THIRD EYE

by **Dr Samuel Sagan**

Published by Clairvision + School Press,
PO Box 33, Roseville NSW 2069
ISBN 0 646 09919 1

Price: AUD\$23.95 (308 pp, pbk)

Available: Specialist Publications, PO
Box 143, Concord NSW 2137, phone
(02) 736 2191.

This book is truly a 'Self-help' manual. It sets out important exercises to assist the aspirant clearly find the Self, and learn to

see the world from the Self instead of seeing it from the point of view of normal mental consciousness.

The techniques described are designed for people who are part of the world and want to stay part of it. With practice and dedication, one can learn to integrate the spiritual dimension into all aspects of life.

Author Dr Samuel Sagan explains how spiritual vision requires the patient building of some new 'organs' of energy, e.g., 'the third eye'. Such structures are not physical, but become increasingly tangible with direct experience. Thoughtfully, Dr Sagan has included 'tips and traps' sections within in each chapter which can save the novice much valuable time and energy.



Drawn from the western esoteric tradition, Dr Sagan's philosophy emphasises experience over mental concepts, first-hand knowledge over belief systems. So, don't take our word for it—read the book and try the exercises for yourself.

KNOW YOURSELF, HEAL YOURSELF **A Complete Guide to Natural Healing**

by **Edmund Harold**
Published by Viking/Penguin Books
Australia, PO Box 257, Ringwood
Victoria 3141

ISBN 0 670 90644 1

Price: AUD\$19.95 (228 pp, pbk).

Renowned spiritualist teacher and healer Edmund Harold has produced a step-by-step healing manual aimed at both lay person and practitioner. It's a welcome new

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reference because it's so comprehensive.

To Edmund Harold, good health is something we all possess as long as we consider the whole self—mind, body and spirit. But before we may heal the self, we must first come to know the Self—the total Self and not simply the body of matter we call 'I'.

Important in our total health and well-being is the daily maintenance of our outer energy fields. Indeed, if we abuse ourselves with negative thoughts, too much stress or poor diet, the electromagnetic field forming our etheric body can break down, causing loss of vitalising energy.

So, *Know Yourself, Heal Yourself* is about the philosophical and practical aspects of working with people and energies.

Edmund Harold describes areas of the human system involved in healing, e.g., the endocrine glands, the chakras and the organ meridians, and presents a range of methods to achieve self-health—using crystals, music, diet, colour, resonance, healing touch, numerology, astrology, visualisation and more.

Mr Harold has a well-deserved reputation for being the healers' healer and teachers' teacher, so we're fortunate indeed to have the benefit of his advice, experience and wisdom at our fingertips in one volume.

REVELATION: Prophecy For Mankind by Michael Culkin

Published by Michael Culkin, PO Box 38, West Ryde NSW 2114, Australia
ISBN 0 646 14444 8

Price: AUD\$15.00 (267 pp, pbk)

Available: see ad on page 17.

The Book of *Revelation* (The Apocalypse of St John), the last book of the New Testament, is certainly obscure and mysterious, yet it has been both ignored and sensationalised by Christians and non-Christians alike. Perhaps it is that these grand visions are just too scary to dare con-

template, or too open to interpretation to be taken as 'gospel'.

If *Revelation* is considered the key to the entire Bible, why shouldn't we understand it better? Michael Culkin, in this self-published book, has undertaken a noble task in cross-referencing *Revelation's* 22 chapters with prophetic verses from various biblical books. (He includes commentary from other biblical source books which he has named, and a useful glossary.)

Mr Culkin maintains that the best way *Revelation* should be explained is by allowing appropriate Old and New Testament verses to clarify the relevant verses. By such interconnections, the reader is better able to learn what God may have in store for mankind.

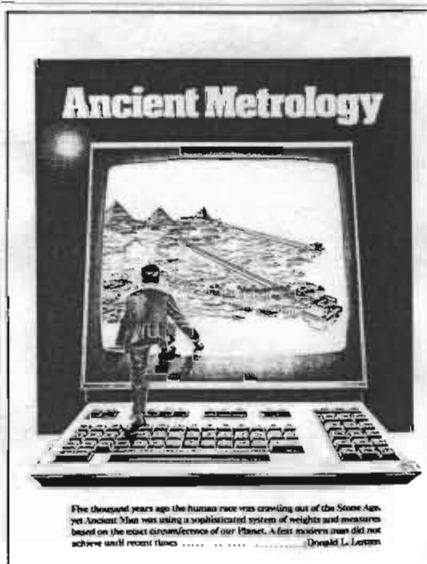
Students of theology and prophecy will find this compilation very thought-provoking, even daunting—though some will be put out that precise dates for fulfilment of the prophecies are not part of *Revelation!*

ANCIENT METROLOGY—The Study of Ancient Weights and Measures by Donald L. Lenzen

Published by and available from Donald L. Lenzen, PO Box 2372, Tampa, FL 33601, USA

Price: USD\$14.95 (plus overseas p+h) (104 pp, hc).

Devotees of sacred geometry, Earth grid harmonics and lost civilisations will appreciate this book. The title refers to the sci-





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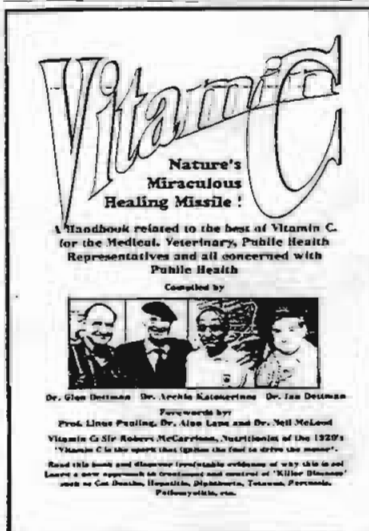
ence of weights and measures in ancient times—a fascinating subject much side-stepped by mainstream archaeologists, for the deeper one delves, as Mr Lenzen has discovered, the more one finds the roots of civilisation extending far, far back into 'pre-history'.

Donald Lenzen opens with a question, "Was Erathosthenes right?". While the mid-third century BC Greek astronomer is credited with being the first man to determine the Earth's circumference, he was only testing information he learned while chief librarian at the great Library of Alexandria! He had "simply rediscovered knowledge that had been known long before his time"—commendable work for a chief librarian in anyone's language.

Similarities in all ancient metrology systems—Sumerian, Babylonian, Egyptian, Greek, Hebrew, Roman—seem to point to a common, more ancient source. The Greeks, for example, recorded the existence of the *Oikoumenikos*, a worldwide civilisation that flourished long before their own—Atlantis by another name.

It's uncanny the way the same numbers and symbols crop up across cultures—and across space, if we consider the geometric relationships between the Face and artefacts on Mars and their counterparts on

Earth. We have much yet to learn about ancient metrology so we may better come to terms with our past—and our future.



VITAMIN C: Nature's Miraculous Healing Missile!

Compiled by Dr Glen Dettman, Dr Archie Kalokerinos & Dr Ian Dettman

Published by Frederick Todd, Melbourne, Victoria, Australia
ISBN 0 646 11875 0

Price: AUD\$35.00 (plus AUD\$5.00 p+h) (422 pp, pbk)

Available: Veritas Press, PO Box 1653, Bundaberg Qld 4670, Australia.

For anyone wanting to know more about

vitamin C and its therapeutic benefits, this compilation is very accessible reading.

Drs Archie Kalokerinos, Glen Dettman and Ian Dettman have painstakingly sorted through thousands of research articles, books and personal communications written this century about vitamin C, and extracted the key data to give a broad and, indeed, exciting overview of the 'miracles' that this ascorbic acid molecule can perform—'miracles' that have too often been overlooked by the orthodox medical world.

The good doctors have subtitled this book "Nature's Miraculous Healing Missile" because they see vitamin C as a 'magic bullet' which, when used intelligently and correctly, has myriad applications in treating an astounding range of ailments.

The ascorbic acid molecule, vitamin C, is an extremely simple carbon-hydrogen-oxygen combination with a very low molecular weight. Because of this, it has found its way into hundreds of metabolic pathways within our bodies. Clinical research has shown that the human diet can accommodate daily megadoses of up to 8,000 mg in some cases—far more than the unrealistic 'recommended daily dose' of 20 to 50 mg!

This text is on the way to becoming the standard reference on vitamin C/ascorbate and ascorbate-related health problems. Medical practitioners, particularly those working in cancer and cot-death areas, should make a point of obtaining this book.

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YOU CAN OVERCOME ASTHMA

by Ian Sinclair

Published and distributed by the author, 5 Ivy Street, Ryde NSW 2112, Australia ISBN 0 646 14073 6

Price: AUD\$25.00 (93 pp, pbk).

An asthma sufferer for twenty years, author Ian Sinclair tells a moving story of how he cured himself of this condition using natural health practices.

Based on his own experience and much research into the medical literature, Ian concludes that asthma is a lifestyle disease whose causes can be traced particularly to how and what we eat. While he acknowledges that contributing factors are involved—stress, smoking, environmental pollution, nervous disposition—he believes unhealthy diet represents the major underlying cause in most asthmatics. He backs up his beliefs with workable dietary information and advice on how the individual can eliminate asthma—and other 'diseases of civilisation' in the process, as the author attests.

The pharmaceuticals industry has much to answer for in terms of the dangers of asthma drugs and their relationship to asthma deaths, and Ian Sinclair covers this and much more in his chapter, "The Drug Industry—Saviours or Sorcerers?"

This is an enlightening book by the same writer who brought us *Vaccination: The Hidden Facts* (available through NEXUS magazine). Ian Sinclair's style is clear and interesting, interspersed with philosophical notes and quotes and plenty of useful statistics. Whether you want to fight asthma or corrupt vested interests, this book provides the ammunition.

ALIEN IDENTITIES—Ancient Insights into Modern UFO Phenomena

by Richard L. Thompson

Published by Govardhan Hill Inc., 1380 Garnet Ave, #E5, San Diego, CA 92109, USA

ISBN 0 9635309 1 7

Price: AUD\$40.00 (492 pp, pbk)

Available: Sydney Esoteric Bookshop.

New light is shed on understanding today's UFO phenomena in Richard L. Thompson's latest book, destined to become a ufology classic.

Dr Thompson brings twenty years of scientific research and publishing—in mathematics, biological self-organisation, consciousness, even satellite remote sensing—together with his expertise in ancient Indian Vedic literature and finds amazing parallels between modern UFO accounts and the ancient Sanskrit writings about 'vimana' flying craft.

Part 1 of *Alien Identities* is a survey of the UFO literature, where the author describes various categories of close encounters,

abduction cases, channelled communications that have been reported since the late 1940s. Hypotheses from alien deception, genetic intervention and government cover-up are given detailed treatment.

The second part focuses on the Vedic par-



allels to these described phenomena. He summarises the Vedic world view which includes transhuman contact within a cosmic hierarchy, and provides fascinating accounts of close encounters and evidence of flying machines in scriptures such as the *Rig Veda* and *Mahabharata*.



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If the Vedic accounts seem strange, that ancient peoples have been in regular contact with advanced beings from other worlds, they are no less strange than contemporary UFO reports, so the author urges that we don't dismiss the Vedic view as mere mythology without any basis in physical reality.

There is so much evidence that defies 'scientific' explanation, and too many sane people who've had too many weird experiences for in-depth study of these cross-cultural phenomena to be ignored.

Dr Thompson is the researcher's friend; his book is well-referenced and has an excellent bibliography to inspire further investigation.

VACCINES: Are They Really Safe and Effective? A Parent's Guide to Childhood Shots
by Neil Z. Miller

Published by New Atlantean Press, PO Box 9638, Santa Fe NM 87504, USA
ISBN 1 881217 10 8

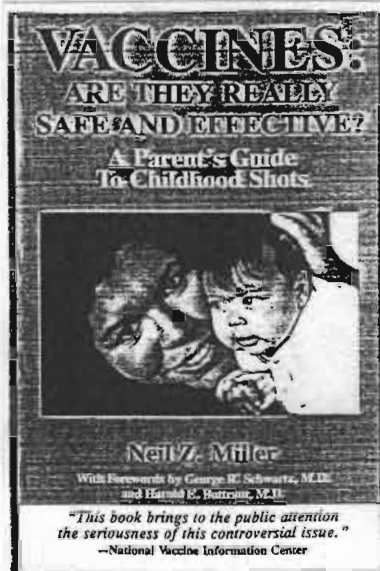
Price: \$USD7.95 (plus p+h) (80 pp, pbk)

Available: see ad on page 76.

This is another worthy title in the growing body of literature today presenting an alternative viewpoint on the immunisation issue. Thankfully, more information is sur-

facing, some new, some going back over a century, questioning the efficacy of vaccination, particularly the inoculation of babies and infants against childhood illnesses—before their delicate immune systems have a chance to mature.

Author Neil Miller started to delve into



the vaccination question with the birth of his son, so he could make an informed decision. He was surprised to find much evidence in the scientific medical literature documenting immune-failure of many vaccines, dangerous side-effects from seizures to retardation to death, and needless

tragedy caused by vaccines being introduced after the decline in incidence of certain diseases. The evidence is compelling, that vaccines are not really safe and effective at all.

Inevitably one has to ask why noble truth-seekers like Neil Miller, who want no more than for their children to grow up happy, healthy and safe, have to go to such lengths to get information that the medical system is withholding from them—either through ignorance or malintent.

Our modern society is tending towards declining health, deteriorating immunity, and the author points to a direct relationship between vaccinations and the modern epidemics of chronic fatigue, AIDS, autoimmune disorders, learning disabilities, and so on. Worthy of serious scientific research, wouldn't you think?

When the 'experts' disregard or are not even aware of the dangers associated with vaccination, when the lay person cannot make an informed decision due to lack of backup data, when parents are being denied the privilege of informed consent under mandatory vaccination laws, how can we say we live as free people? We have a right to freedom of choice, and thanks to the efforts of Neil Miller and others like him, we can look forward to some lively debates as more come to learn why vaccination is a very controversial subject.

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VIDEOS

AIDS—Alternative Therapies and the Struggle for Legalisation

Produced by MPI/Global Artists Productions (1993)

Price: AUD\$39.95 (PAL VHS, 86 mins)

Available: Motion Pictures International, 90 Westbourne Street, Petersham NSW 2049, Australia; phone (02) 569 3493; fax (02) 745 2494.

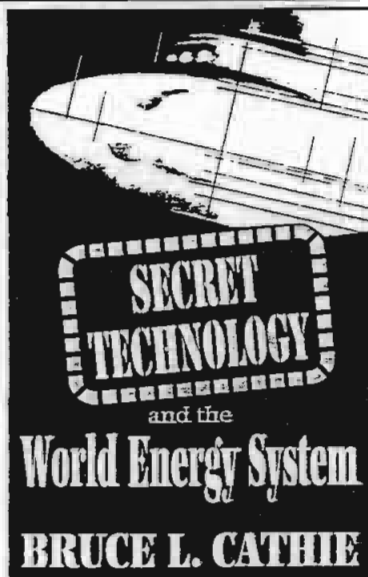
This is an excellent documentary in its field, and takes a very balanced look at the pros and cons of mainstream and alternative treatments for AIDS.

Therapies detailed include Acupuncture, Aloe Vera, AL-721, Compound Q, Vitamins, Ozone Therapy, Bitter Melon, Hypericin, Hydrogen Peroxide, Peptide T, Minerals, and Dextran Sulfate.

My only criticism is that the researchers failed to consider the dialysis-type delivery method of ozone treatment, as designed by Basil Wainwright (see article in NEXUS vol.2, no. 17 for more details).

Otherwise, I was most impressed at the balanced approach to all therapies. This documentary is based upon many interviews with leading AIDS organisation representatives, and includes one interview with an AIDS patient who is more than happy with his treatment.

If you or a friend have AIDS, this video is well worth the money.



CURE IS IN THE AIR

The Truth About Oxygen Therapy

Presented by Ed McCabe

Produced and distributed by Global Vision Productions, PO Box 588, Byron Bay NSW 2481; phone (066) 802 900
Cost: \$40.00 (including postage within Australia (PAL VHS, 58mins).

A well-produced, succinct and inspiring presentation by Ed McCabe, well-known author of the book *Oxygen Therapies*.

The video was shot while Ed was in Australia in 1992, and is crammed full of very interesting material on all aspects relating to oxygen and oxygen therapies.

In this video he cites personal case histories of AIDS and cancer victims who have been totally cured with the benefit of ozone therapy.

For more information on oxygen therapy we suggest you read the back issues of NEXUS in which we have thoroughly pounded the subject down our readers throats.

SECRET TECHNOLOGY and the WORLD ENERGY SYSTEM

Presented by Bruce L. Cathie

Produced and distributed by Bigger Than Texas Films (1993), PO Box 490, Edge Hill Qld 4870; ph. (070) 53 3141
Price: AUD\$38.95 (PAL VHS, 112mins)
Available: see ad on page 63.

High in the mountains behind Cairns, a select gathering of people had the rare opportunity to share with Bruce Cathie his early UFO encounters, his subsequent research, and the uncovering of some extraordinary information.

In this video, Bruce Cathie presents his theories on the electromagnetic grid system of the world, an intricate network of energy lines that crisscross the Earth's surface, and the direct relationship to UFO activity.

Mr Cathie explains a series of unified equations and theorises that all of physical reality is formed from basic geometric harmonies, or harmonics.

All in all, a well-produced and good quality, highly recommended video!



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AUDIO

LUNAR REFLECTIONS

by Ian Cameron Smith

Produced by Tony O'Connor and Ian Cameron Smith

Price: AUD\$18.00 (cass.), AUD\$27.00 (CD) (plus AUD\$3.00 p+h) (57 mins)
Available: Rhythmist Productions, PO Box 304, Turramurra NSW 2074, Australia; and selected music stores.

Here is Ian Cameron Smith's second release. His first was titled *Rhythmist*. This one is a very gentle, relaxed and enchanting collection of acoustic guitar and keyboards. It takes one on a calming trip through soft waves of sound and rhythm. I found it good music to smooth away the nerves at the end of a long busy day, or to sit down to in the evening like a warm and close friend. The fine keyboard sounds blending in with guitar and soft percussion moves one to imagine friendly days in the country or gazing quietly at the Full Moon on the water in the early evening.

Ian says that he derived much of his inspiration for these compositions at Full Moon time and he has managed to capture the enchantment that's felt as the Moon comes over the horizon large and full and dressed in her silver lace. An excellent production that I can easily listen to over and over again. A 'must buy' for lovers of atmospheric music.

DISTANT SKY

by Warren Connors

Produced by Warren Connors for First Light Music

Price: \$15.95 (cass.) \$19.95 (CD)
Available from ABC shops and selected music stores.

Warren Connors, who has a classical training, has produced a beautiful arrangement of melodic pieces to lay down on your couch by and relax. With guitar, saxophone and keyboards he and fellow musicians have created a languid afternoon mood in this second album. Enjoy tracks titled "A Distant Shore", "Timeless", "New Horizons", "Returning Home", "Evening", "Distant Sky" and the traditional "Skye Boat Song".

If you enjoy the sound of guitars, soft dreaming saxophone and oboe, then you'll love *Distant Sky*. Warren is a Brisbane tal-

ent whose work is being recognised more and more across Australia. I can thoroughly recommend this album for your collection, and the prices are so reasonable.

DESERT DREAMS IN AN ANCIENT LAND

by Chris James and Wendy Grace

Produced by Sounds Wonderful, PO Box 497, Byron Bay NSW 2481, Australia; phone (066) 84 7558
Price: AUD\$18.00 (cassette) (plus AUD\$1.50 postage within Australia).

This is a compelling work by voice transformation teachers Chris James and Wendy Grace, with Mark Robson on didgeridoo. Their collaboration paints an aural landscape of pure tone and harmonics, which they dedicate to the spirit of Central Australia.

This reviewer had to stop work at her desk when this tape was put on in the background, to investigate these tones that magically blended in with the outdoor sounds of birds and insects, even a droning lawnmower nearby in this rural setting.

Desert Dreams in an Ancient Land inspires one to connect with the stillness within—which is why this is a sound meditation tape. But it also inspires active exploration of one's own 'note', as I found when confronted by waves of multi-levelled 'oms' with didgeridoo accompaniment. I shared this experience with my colleagues' very young children who loved the chance to play with octaves and harmonies. Very spiritually uplifting music, and back at my desk on deadline day, Nature is still wonderful.

